



*You are not alone. We are here to help.*  
**ILLINOIS WARRIOR ASSISTANCE PROGRAM**

The Illinois Warrior Assistance Program (IWAP) provides free and confidential assistance for returning Illinois Veterans. Proudly offered by the State of Illinois, our goal is to help service members and their families deal with the emotional challenges they may be facing as they transition back to their daily lives.

**The IWAP Program offers:**

- 24-hour access to help. Call **1-866-554-IWAP (4927)** day or night to speak with a counselor, highly trained in Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI).
- In-depth PTSD screenings.
- In-depth TBI screenings are available to all interested Illinois Veterans, especially those returning from Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF).
- Additional help and treatment for PTSD or TBI is offered for eligible Veterans.

**Confidential help**

The Illinois Warrior Assistance Program is a confidential program of the State of Illinois with services provided through Magellan Health Services, Inc. Any help or assistance you receive from this website or this program is confidential and will not be reported to the U.S. Armed Forces or U.S. Department of Veterans Affairs unless the service member instructs us to do so or as required by law.

**Call for information and assistance**

You are not alone. Get the help you deserve. Call now—**1-866-554-IWAP (4927)** or log on to [www.IllinoisWarrior.com](http://www.IllinoisWarrior.com).

***For family and loved ones***

It's often the people closest to the service member, like a spouse, loved one, children or parents, who may first notice a change. If you think your service member may be suffering from a combat-related problem, call this confidential toll-free number, **1-866-554-IWAP (4927)**, for more information and help.

**Common signs of Post-Traumatic Stress Disorder and Traumatic Brain Injury:**

**MEMORY** problems

Trouble **CONCENTRATING**

Re-occurring thoughts that **FRIGHTEN** you

**IRRITABLE**, frustrated and angry

Trouble **SLEEPING** or having nightmares

Feeling **JUMPY**, anxious or easily startled

Feeling emotionally **NUMB**

Feeling **CUTOFF** from other people and relationships

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PAT QUINN  
GOVERNOR, STATE OF ILLINOIS